

# 6 STEPS FOR INFANT CPR

## 1 CHECK FOR SAFETY

Make sure the area is safe for you and the infant.



## 2 CHECK RESPONSIVENESS

Gently tap the infant's foot and call their name.  
Do not shake the infant.



## 3 CALL FOR HELP / ACTIVATE EMS

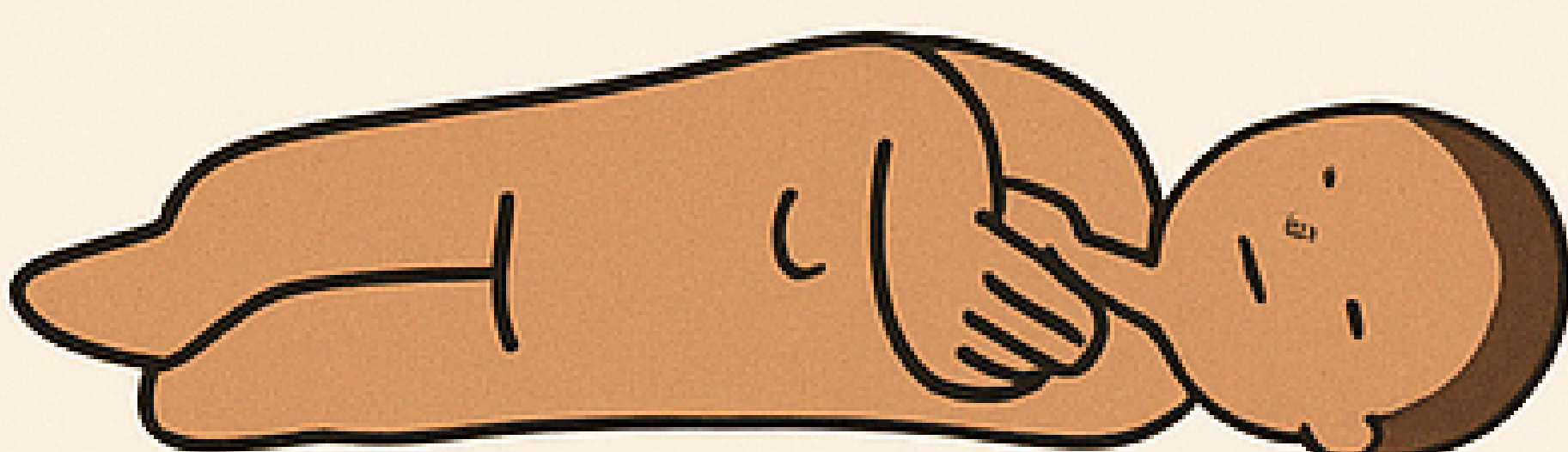
If alone, perform 2 minutes of CPR first before calling 911

**911**

If others are present, send someone to call 911 and get an AED immediately

## 5 CHECK BREATHING

Look, listen, and feel for no more than 10 seconds  
Occasional gasps are not normal breathing



## 4 OPEN THE AIRWAY

Use the head-tilt, chin-lift, but only tilt the head slightly (neutral position for infants)



## 6 START CPR

Push gently and fast in the center of the chest (100- 120 per minute, about 1.5 inches deep)

Give 30 compressions and 2 gentle breaths (cover the infant's mouth