

CHILD CHOKING

1 CHECK THE SCENE & THE CHILD

Make sure the environment is safe

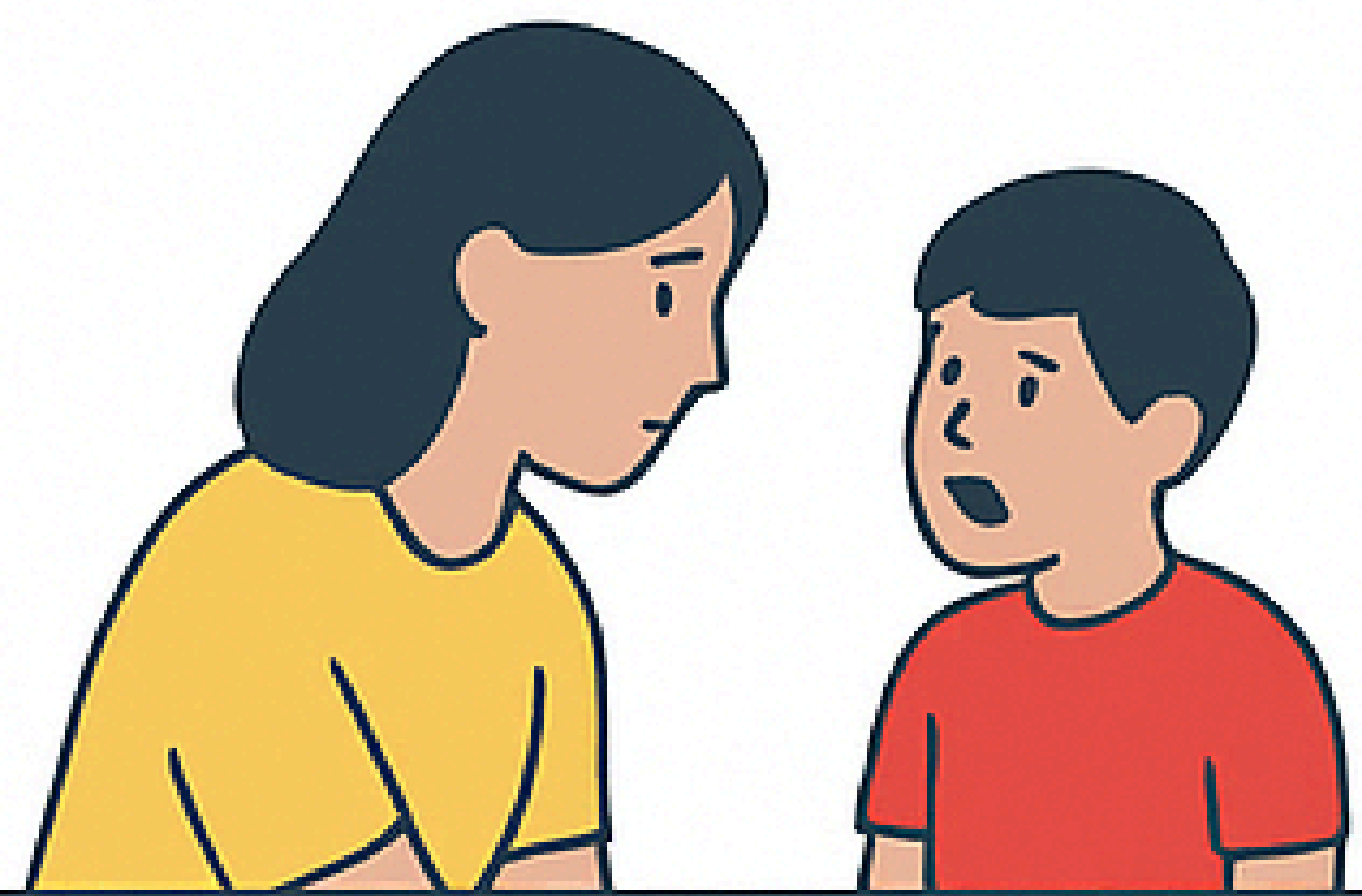
Ask, "Are you choking?"



2 ENCOURAGE COUGHING

If the child can cough, speak, or breathe, encourage them to keep coughing

Stay nearby and watch closely



3 CALL FOR HELP

If the airway is severely blocked (child silent, cannot breathe, gasping, turning blue)

call 911 immediately
(or have someone else call)



4 GIVE ABDOMINAL THRUSTS (HEIMLICH MANEUVER)

Stand or kneel behind the child

Wrap your arms around their waist

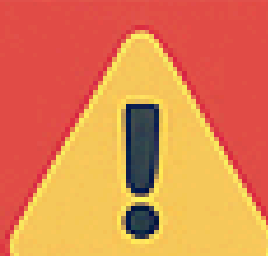


5 REPEAT THRUSTS

Continue abdominal thrusts until the object is expelled or the child becomes unresponsive.

6 IF THE CHILD BECOMES UNRESPONSIVE

Gently lower them to the ground
Call 911 if not already done



For infants under 1 year, DO NOT use abdominal thrusts — instead, use 5 back blows and 5 chest thrusts (different protocol)